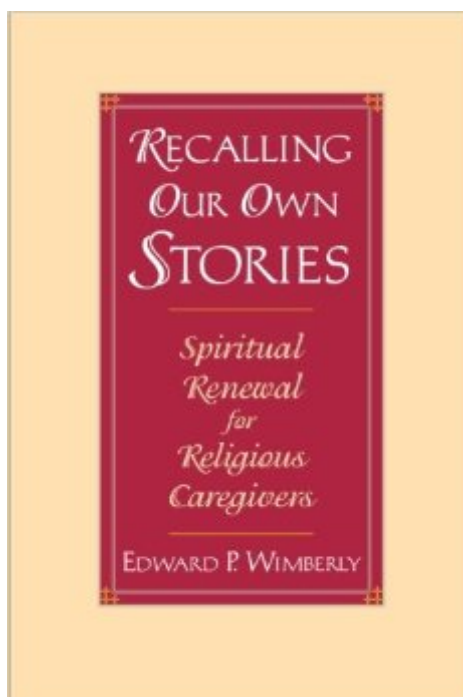


The book was found

# Recalling Our Own Stories: Spiritual Renewal For Religious Caregivers



## Synopsis

Reconnect with your original call to ministry and passion for caregiving with this spiritual renewal retreat in book form. Clergy and other professional religious caregivers routinely find that parishioners and clients expect from them a superhuman level of empathy and love—a level that embodies God's love. Many of these caregivers expect no less of themselves. This myth of perfection often leads to burnout in caregivers, who then run the risk of damaging themselves and others. Minister and counselor Edward P. Wimberly crafts a powerful and innovative path to renewal based on his popular workshops and retreats. He guides religious professionals—trained to attend to the stories of others—to reexamine the personal and professional stories that shape their own lives as individuals, family members, and ministers. *Recalling Our Own Stories*, a spiritual renewal retreat in book form, guides religious professionals in reconnecting with their original calling. Most important, it offers readers ways to reauthor their personal mythologies, giving them renewed vigor in ministry and caregiving. Wimberly shares the varied life stories of caregivers of diverse cultural backgrounds while walking readers through the process of revisiting their lives, recognizing unrealistic expectations, and transforming wounded beliefs into sources of compassion, strength, and renewal.

## Book Information

Paperback: 176 pages

Publisher: Jossey-Bass; 1 edition (May 7, 1997)

Language: English

ISBN-10: 0787903639

ISBN-13: 978-0787903633

Product Dimensions: 6 x 0.5 x 9.1 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars — See all reviews — (14 customer reviews)

Best Sellers Rank: #46,866 in Books (See Top 100 in Books) #6 in Books > Religion & Spirituality > Religious Studies > Psychology & Christianity #22 in Books > Christian Books & Bibles > Christian Living > Counseling #25 in Books > Christian Books & Bibles > Ministry & Evangelism > Adult Ministry

## Customer Reviews

One of the issues that clergy and other ministers have to face is the prospect of burn-out. Whether they are (by some definitions) sole ministers in charge of a church or chaplaincy, or whether they are part of a team, the prospect of burn-out is a very real one - this can happen in terms of physical

well-being (some will work themselves too many hours a week without rest for too long, and suffer the effects), and sometimes it can occur spiritually, in terms of disillusionment, lack of direction, lack of focus, or a lack of the same kind of satisfaction of fulfilling a vocation which drew the person to ministry in the first place. In many ways, this book by Edward Wimberly is a retreat in a book. Wimberly has experience at leading retreats and workshops for ministers and religious caregivers to 'explore our deep convictions and beliefs about ourselves, our marriages, our families, and our lives in ministry.' Over time, Wimberly noticed certain patterns, and applied the idea of narrative interpretation (setting up one's own story and mythology) to understanding these kinds of patterns and influences in our lives. This text looks at many different issues. One issue is the idea of expectations - can ministers and religious caregivers live up to expectations? Are the self-expectations of ministers the same as those expected by members of the community or congregation? Another issue is that of cultural influences and our own interpretations of our lives - to what extent do we let the outside world define us? After an introductory chapter that opens the field in terms of biblical and church tradition, Wimberly looks at the issues of personal, marital, family and ministerial interpretations and meaning-making successively.

[Download to continue reading...](#)

Recalling Our Own Stories: Spiritual Renewal for Religious Caregivers Rich Dad Advisor's Series: Own Your Own Corporation: Why the Rich Own Their Own Companies and Everyone Else Works for Them (Rich Dad's Advisors) Recalling the Hope of Glory Red Light to Starboard: Recalling the Exxon Valdez Disaster Dynamics of Spiritual Life: An Evangelical Theology of Renewal Waking to God's Dream: Spiritual Leadership and Church Renewal Zoroastrians: Their Religious Beliefs and Practices (The Library of Religious Beliefs and Practices) The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority Within the Church Inheritance: How Our Genes Change Our Lives--and Our Lives Change Our Genes The Mind-Gut Connection: How the Hidden Conversation Within Our Bodies Impacts Our Mood, Our Choices, and Our Overall Health Dementia Caregivers Share Their Stories: A Support Group in a Book Islam: Signs, Symbols, and Stories (Religious Signs, Symbols, and Stories) Soul Searching: The Religious and Spiritual Lives of American Teenagers How Do You Pray?: Inspiring Responses from Religious Leaders, Spiritual Guides, Healers, Activists and Other Lovers of Humanity Spiritual, Religious, and Cultural Aspects of Care (HPNA Palliative Nursing Manuals) BOOKS:THE POWER OF FAITH-FILLED

WORDS:Spiritual:Religious:Inspirational:Prayer:Free:Bible:Verses:Top:100:NY:New:York:Times:On :Best:Sellers:List:In:Non:Fiction:2015:Free:Sale:Month:Releases: B Books:on:sale:Above

Everything You Must Prosper:audio:christian:religious:spiritual:inspirational:motivational:prayer  
Books:HOW TO STOP SINNING  
EFFORTLESSLY:Spiritual:Religious:Inspirational:Prayer:Free:Bible:Top:100:NY:New:York:Times:O  
n:Best:Sellers:List:In:Non:Fiction:2015:Sale:Month:Releases:Popular:authors: BEST  
BOOKS:MULTIPLY YOUR PERSONAL INCOME IN LESS THAN 30  
DAYS:Spiritual:Religious:Inspirational:Prayer:Free:Bible:Top:100:NY:New:York:Times:On:Best:Sell  
ers:List:In:Non:Fiction:2015:Sale:Month:Releases BOOKS:THE HEALING MIRACLE  
PRAYER:Spiritual:Religious:Inspirational:Prayer:Free:Bible:Verses:Top:100:NY:New:York:Times:O  
n:Best:Sellers:List:In:Non:Fiction:2015:Free:Sale:Month:Releases:Miracle:for

[Dmca](#)